Aline Zoldbrod, a sex therapist in Boston, says the environment you grew up in can make all the difference in how you approach sex.

The chair of the group, Phil Stone, called the design "utterly inspired" when it was unveiled last week.

Other studies have clearly tied genetic abnormalities such as a mutation in the folic acid-activating enzyme, MTHFR, to high homocysteine levels (and increased symptoms of mood disorders).