

# [Www.healthycommunity.ca/goodlife](http://www.healthycommunity.ca/goodlife)

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17, he wrote that it was his "first day of unemployment," and that he was "making breakfast while bumping hip hop" on his son's wireless speaker system

[healthycommunity.ca](http://healthycommunity.ca)

[healthycommunity.ca/ceridian](http://healthycommunity.ca/ceridian)